

Morning Favorites

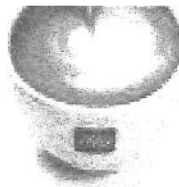
<u>Meat lover omelet</u> – Three eggs, apple wood smoked bacon, ham, sopressata salami, pork sausage and English cheddar.	7.15
<u>Deluxe omelet</u> –three eggs, baby spinach, roma tomatoes, mushrooms, bell peppers, Spinach. Zucchini squash mixed with truffle oil and Swiss cheese.	7.15
<u>Mexican omelet</u> - three eggs, chorizo, roma tomatoes, cilantro, fresh jalapenos , and Monterrey cheese	6.75
<u>Red omelet</u> - three eggs, diced ham, roasted red bell, peppers, red tomato, red onion, and english cheddar cheese.	6.75
<u>Garden omelet</u> - three eggs, fresh baby spinach, mushrooms, zucchini squash, purple onion, and smoked Italian provolone cheese.	6.25
<u>Greek omelet</u> - three eggs, garden fresh basil ,purple onion, roma tomatoes ,and feta cheese	6.15
<u>Your choice</u> –two eggs one meat (ham, turkey, sausage, bacon) and one cheese (cheddar, swiss, provolone, American) .	5.50
<u>Huevos ala Mexicana</u> - three eggs onions roma tomatoes cilantro fresh jalapeno avocado slices pan seared potatoes and white bread on the side	5.95
<u>Over easy</u> - two eggs over easy with pan seared potatoes and your choose of bacon or sausage on the side; wheat toast butter and jelly	5.50
<u>Double SS</u> -two eggs bacon English cheddar cheese mayonnaise and spicy sauce on sourdough bread.	4.25
<u>Croissant Sandwich</u> -two eggs scrambled and your choice of cheese (cheddar, swiss, and provolone)	4.00
<u>Toast and eggs</u> -served with your choice of toasted bread butter and jelly.	3.95
<u>Toast and jelly</u> - your choice of bread with butter and jelly.	2.75
Extra meat \$1.00	
Extra cheese /veggie \$.50	
<u>Breakfast Taco</u> –one egg one meat (ham, turkey, bacon, or sausage) and one cheese on a soft four tortilla.	1.99
Extra meat \$.50 (only for the taco)	
Extra cheese /veggie \$.25 (only for the taco)	

SMOOTHIE

Mango
Peach
Strawberry Banana
Wild berry Blast
Banana
Passion fruit .Ect .
Sm. \$.3.75-1g. \$ 4.25

ICED DRINKS

Iced coffee 3.00
Iced latte 3.25
Iced mocha 3.25
Iced chai 3.25
Iced cappuccino 3.25
Frappuccinos
Mocha 4.25
Carmel 4.25
Vanilla 4.25
Ect...



ESPRESSOS

Latte
Cappuccino
Macchiato
Americano
Espresso Con Panna

Essence House Café



Essence House Café
8506 FM 539 South
FULSHEAR, TX 77441

Ph.281-533-0255
Fax.281-533-0966

Call now for you pick up order!
HOURS
M-F 6:00 AM TO 10:00 PM
SAT 7:00 AM TO 10:00 PM
SUN 7:00 AM TO 8:00 PM

Gourmet Sandwiches

Buffalo Burger \$ 8.50

With mayonnaise, sautéed onions, English cheddar cheese, hearts of romaine tomatoes and avocado on toasted sourdough.

Italian chicken \$8.00

A pan seared chicken breast lightly breaded with Italian spices on a healthy grain bread toasted with mayonnaise, hearts of romaine, red onions, avocado slices, tomatoes and smoked provolone cheese.

Sohosando \$7.50

Sautéed carrots, asparagus, red bell peppers, mushrooms, zucchini, spinach with fresh apple slices, avocado and sprouts on wheat bread.

Essence Club \$7.15

Smoked turkey breast, apple wood smoked bacon, ham, provolone, tomatoes, baby spinach, mayonnaise, Dijon mustard on toasted sourdough.

Country French \$7.15

Smoked turkey breast, apple wood smoked bacon, avocado slices and brie cheese served on french baguette.

Classic Ruben \$7.15

A thinly corn beef brisket topped with our homemade sauerkraut, melted swiss, and our own Russian dressing, served on sourdough bread with a dill pickle

House BLT \$7.15

Apple wood smoked bacon, tomato, avocado slices, cheddar cheese, hearts of romaine, with avocado dressing on sourdough bread.

Tuna Fish \$7.15

White tuna albacore mixed with our homemade mayonnaise, baby spinach, --red onions topped with hardboiled egg, sherry vinaigrette and Swiss cheese.

Pork Loin \$ 7.15

Mayonnaise, zucchini squash, caramelized mushrooms and onions with smoked provolone cheese on french baguette.

Genoa Misto 7.15

Salami, melted smoked provolone, tomatoes, avocado, purple onions, red bell peppers, basil, Dijon mustard, and baby spinach served on french baguette.

Smoked Sockeye Salmon \$7.15

Cucumbers, baby spinach, green apple slices and a mascarpone cheese spread with dill and capers on healthy grain bread.

Chicken Salad Sandwich \$7.15

Our chicken salad (chipotle sauce, celery, red onions, and mayonnaise.) With hearts of romaine, smoked provolone, alfalfa sprouts, served on healthy grain bread.

Green Gobbler \$6.99

Smoked turkey breast, provolone cheese, alfalfa sprouts, green apples, apple butter, on whole wheat.

Sandwich Panini \$6.99

Ham, cheddar and swiss melted, tomatoes, basil, purple onions, and Dijon mustard on sourdough

CEO BOX \$10.15

Any sandwich besides the (buffalo burger, Italian chicken and sohosando) with a drink any cookie and any bag of chips

KIDS PANINIS

Kids Panini \$ 4.50

Ham or turkey with cheddar cheese or Swiss cheese.

Kids PBJ \$ 3.75

Peanut butter and jelly.

Grill Cheese \$ 3.75

Wheat bread with cheddar cheese

* Combos * \$ 6.99

-Pick Two {Side Caesar Salad, Quiche half sandwich, or Soup -

{Buffalo Burger, Sohosando, or Italian Chicken Are not available with Combos}

Pastries Desserts

and much more....

Gourmet Salads

SM 6.50 LG 8.50

House Salad

Hearts of romaine, tomatoes, avocado slice purple onions, parmesan cheese with avocado dressing.

Grill chicken ceasar salad

Hearts of romaine, red onions tossed in ceasar dressing, topped with grill chicken and parmesan cheese.

Blue cheese

Pan seared shrimps, hearts of romaine, avocado, tomatoes, and cucumber on blue cheese dressing with blue cheese chunks.

Cobb salad

Mixed greens, tomatoes, avocado, apple, smoked bacon, feta cheese, hard boil egg, smoked turkey breast, tossed in our homemade avocado dressing.

Tuna Albacore

Baby spinach and hearts of romaine, alfalfa sprouts, tomatoes, and hard boil egg, tossed in sherry vinaigrette, topped with our homemade tuna albacore.

Greek salad

Mixed greens, kalamata olives, purple onions, roasted bell peppers, feta cheese tossed with balsamic vinaigrette.

Spinach salad

Baby spinach, red onions tossed in balsamic vinaigrette, topped with tomatoes, avocado slices, smoked bacon and hardboiled egg.

Texas Farmer

Mixed green, cucumber, alfalfa sprouts, tomatoes tossed in balsamic vinaigrette with homemade chicken salad.

Garden Salad

Hearts of romaine, baby spinach, roasted bell peppers, purple onion, avocado slices, alfalfa sprouts and cucumbers with sherry vinaigrette