



## Point-to-Path Coaching Bi-weekly Ezine!

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### This week's topic: Your Master Mind

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In Napoleon Hill's classic Think & Grow Rich, the Master Mind is defined as "Coordination of knowledge and effort, in a spirit of harmony, between two or more people, for the attainment of a definite purpose."

I'm borrowing from that principle today to suggest that you can build your own *imaginary* Master Mind group. I have one and when faced with a decision that feels outside of my experience, I turn to my Master Mind group.

It's not that I ask myself, "What would Joe do?" Rather, I ask "What would Joe ask me about this decision? What more information would he want or need to help me with my decision?" I step into their wise shoes and ask the questions I wouldn't ask.

Now, I know those questions because I have experience with each person in my Master Mind group. I know how they think. That's why they're in my group!

Form your Master Mind group and keep with you at all times. Call on them in your mind to help with decisions and experiences. Here's a few guidelines...

1. Think of someone you admire for the way they handle things. You don't really have to like them or have a relationship with them. You just need to know how they would process their thoughts.
2. I'm not talking about soliciting lectures. I'm talking about people who really work through the decision. So resist the feeling of obligation to include people who always say "I told you so." Call on a parent, boss, teacher, friend, colleague, etc.
3. Limit your group to no more than 3. Let's face it, crowd control will be a problem with too many voices inside your head!
4. When faced with a hard decision, have an imaginary conversation with this group. Talk it out and see what you all come up with! I suggest you do this in private...