

Point-to-Path Coaching Ezine!

Provided by Milista Anderson, Business and Life Coach
Point-to-Path Coaching
6206 Wigton
Houston, Texas 77096
713.271.1171
www.pointto.path.com

This week's topic: Success That Lasts

Vol 12-040504

I'll admit right away that this week's topic is not my original. I am conveying the contents of an intriguing article I read in the *Harvard Business Review*.

The article suggests that many "successful" people have a high degree of job dissatisfaction. In the wake of 9/11/01 and the corporate scandals that soon followed, there has been a collective soul searching. Many people assume that success depends on a single-minded focus to be the best at whatever you choose.

Success doesn't have to be a choice between achievement and happiness. I'll summarize the dimensions of success that lasts. I request that you search your soul and see if you are enjoying success.

- 1. Happiness feelings of pleasure or contentment about your life
- 2. Achievement accomplishments that compare favorably against similar goals others have strived for
- 3. Significance the sense that you've made a positive impact on people you care about
- 4. Legacy a way to establish your values or accomplishments so as to help others find future success.

"Success That Lasts", Laura Nash and Howard Stevenson, Harvard Business Review, February 2004.