



Point-to-Path Coaching Bi-weekly Ezine!

Provided by Milista Anderson, Business and Life Coach
Point-to-Path Coaching
6206 Wigton
Houston, Texas 77096
713.271.1171
www.pointtopath.com

This week's topic: Your Significant Event

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Today, I attended a seminar in Houston titled "Get Motivated." It featured several keynote speakers like Zig Ziglar (motivation), Tom Hopkins (sales), Rudy Giuliani (leadership), Mary Lou Retton (determination) and many others. It was a powerful event and I know it will take awhile for all that I heard to turn into something I'll use.

On the way home, I started thinking about significant events in my life. I'm sure this seminar will get classified as significant later, after I've had time to let it sink in. But for today, I found it reassuring to think about the significant events in my life. I'd like for you to try it, too.

This may be a very personal and private exercise for you, so please block out some quiet time just for you:

1. What is the **single most significant event** in your life so far? There's a heavy emphasis on **significant**. You'll think of many important decisions, steps, right turns, wrong turns. But, I want you to zero in on **THE ONE** event that made a huge impact for you. This one will have presented contrasting results – life or death, marriage or not, moved to a different city or stayed in the same place, etc.
2. How did that event lead you to where you are today?
3. What's the one greatest lesson you learned from that event?
4. How have you or will you help others experience or avoid (depending on what it was for you) a similar event?

That event occurred either because of your actions or someone else's actions. Its significance comes out of what you learn from it and what you do with it. **Do good with it!**